



COMMITTEE MEMBERS

L-R: Fiona Hughes, Joe Osborne, Lyn Whittock, Kate Sanders (Chief Cardiac Physiologist), Dr Peter Pugh (Consultant Cardiologist), Hillary Linsey, and John Garden

This is a patient led group supported by the Cardiology Department at Cambridge University Hospitals



Cambridge HEARTBEATS

A new support group
for people living with
heart rhythm problems
and their associated
devices

To find out more please visit:
www.cambridgeheartbeats.org

ABOUT CAMBRIDGE HEARTBEATS

We are a new Cambridgeshire Support Group set up for those fitted with an Implantable Cardioverter Defibrillator (ICD) or Cardiac Resynchronization Therapy Defibrillator (CRT-D), and for their families and carers.

The Group is run by members who are living with an ICD, and who feel they are in a position to support other patients and those close to them who may have individual concerns or worries. In turn, we are supported by a wonderful cardiac team.

Meetings are held every 3 months with knowledgeable speakers, discussion and refreshments.

Aims of Cambridge Heartbeats

- To support ICD users, their families and carers to understand their situation and cope with the way forward.
- To keep support group members updated with relevant information to assist this support.
- To extend support via telephone and/or email where required.
- Communicate with appropriate health professionals.
- To provide talks on topics of interest and of benefit to its members.
- To provide a social and informal environment where members and partners can gain support from sharing experiences.

For further information

please email:

cambridgeheartbeats@gmail.com

or visit:

www.cambridgeheartbeats.org

For urgent medical enquiries

telephone Addenbrooke's

Hospital on 01223 256233

**Patron: Dr Peter Pugh,
(Consultant Cardiologist)**

**CUH: Kate Sanders
(Chief Cardiac Physiologist)**

**Chair: Lyn Whittock
Secretary: Fiona Hughes
Treasurer: Joe Osborne**